

Sun Youth Hungry for Donations!



Sun Youth's Grocery List

Hearty Soups

Canned fish

Canned meat

Canned vegetables

Rice

Pasta

Pasta sauce

Cranberry & gravy sauce

Peanut Butter

Lentils, kidney beans, etc.

Fruit & vegetable juice

Ready-to-serve meals

Christmas cookies

Christmas candies

Baby products

Diapers

Baby food (jars)

Baby cereals

Hygiene products

Children's toys

(new toys only)

Next time you're grocery shopping, keep Sun Youth in mind - Montreal's neediest families depend on you for a happy Holiday season!

**Donations can be dropped off at the Sun Youth Headquarters 24/7
4251, St-Urbain Montreal, QC H2W 1V6**

To make a donation online and for more information on our programs visit our website at www.sunyouthorg.com. For more news and information on Sun

Youth and the community, like us on Facebook at

facebook.com/sunyouthorg, and follow us on Twitter @sunyouthorg.