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SUN YOUTH ANNUAL REPORT 2021-2022





A WORD FROM OUR EXECUTIVE DIRECTOR

Two years of COVID have changed many things in our lives. However, one thing remains: our organization's mission. Sun Youth was created in 1954 for kids and by kids with one goal in mind: to keep youths off the streets, active and safe. This mission is as valid today as it was in the beginning.

The worldwide pandemic has exacerbated some of the problems experienced by young Montrealers: increased sedentary lifestyle, school and now sports drop out, isolation, anxiety, violence, etc. Recent outbreaks in gun violence affecting Montreal youth highlight the importance of our prevention programs.

The return of our community services, and even additional activities this winter, have allowed our youth to remain active and safe from violence.

The recent spike in the price of food and other basic goods highlights the importance of our assistance programs for Montreal families. However, it also jeopardizes the capacity of community organizations to respond to these needs.

Despite the challenges that lie ahead next year, we look to the future with renewed confidence in our relevance.

Over the past year, we have continued to work to ensure the sustainability of our organization and look forward to sharing the results of our efforts with the community. The pandemic has served as motivation to continue the work we have done over the past 68 years.

None of this would be possible without the support of our dedicated donors, volunteers and staff. We rely on them more than ever and are extremely grateful to them.

Johanne Saltarelli

Executive Director



GOOD BYE, BOB

This past January, we were deeply saddened to learn of the sudden passing of our Board President and great friend Robert Mironowicz at the age of 68. Bob grew up in Sun Youth and was a part of our organization for 54 years, as a basketball player on the Clark Street Sun teams, then as a volunteer football coach, as a board member since the early 1990s, and finally as board president since 2014 until his passing on January 7.

Bob was a passionate, generous, sensitive and funny man who cared about the success of young people and changed the lives of countless people during his career.

Bob was a go-getter who did not accept defeat and during his tenure as Chair of the Sun Youth Board of Directors, he used his talents to ensure the future of the organization. We will be eternally grateful to him.

Although Bob left us suddenly, he left knowing that the organization was in good hands thanks to the hard work and planning of the last few years.

Sid Stevens

Co-founder

BOARD OF DIRECTORS

The members of our Board of Directors are respected figures from the private sector who serve as external volunteers. The sum of their individual experiences is an undeniable asset in the world of philanthropy. Despite the pandemic, the Board was still able to meet virtually six times and we were able to hold our Annual General Meeting, also virtually, on June 21, 2021. When Mr. Mironowicz passed away suddenly in January, Mr. Weinstein was named interim President.



SID STEVENS
Administrator



**ROBERT
MIRONOWICZ**
President



NATHAN WEINSTEIN
Vice-President,
President per interim



PETER THOMPSON
Treasurer



RENZO FRARACCIO
Secretary



PETER GOLDMAN
Administrator



MARIELLA LO PAPPÀ
Administrator



**DIMITRIOS
MANOLOPOULOS**
Administrator



RON WIEBE
Administrator

MANAGEMENT TEAM

Our management team is made up of long-time employees with a broad range of skills who are fully committed to the organization's mission.

Johanne Saltarelli
Executive Director

Daniel Rousseau
Vice-President, Finance

Linda Bell
Campaign Director

Anthony De Francesco
Community Services Director

Eric Kingsley
Emergency Services Director

Billy Provias
Procurement Director

Ernest Rosa
Property Management Director

Ann St Arnaud
Communications Director

OUR MISSION

We have been taking care of people for more than 68 years by providing individuals and families in difficulty with a range of emergency services that ensure their basic needs and maintain their integrity. We also contribute actively to crime prevention and we promote physical, social and intellectual development of youth through education, sports and recreation.

Our main objectives are to alleviate poverty and promote inclusion.

INCLUSION
HEALTH SUPPORT
DEVELOPMENT EDUCATION
SPORTS EMERGENCY
COMMUNITY HELP
NUTRITION RECREATION
TUTORING SHARING
MENTORING

2021-2022 CONTEXT

"About half of Quebec taxpayers have an annual income of less than \$30,000. Not only did they not accumulate savings during the pandemic, but they are now facing a surge in commodity inflation that seems to be here to stay. They are the first victims of inflationary pressures. Nearly 20% of the Canadian population must rely on food banks. In Quebec, the distribution of food hampers has increased by 37% this year compared to 2019, while the number of workers using food banks has climbed by 40%. More than 600,000 Quebecers use food banks every month." (house translation)

[Là pour longtemps, l'inflation rend la vie dure aux moins nantis](#), [Gérald Filion, Radio-Canada](#)

FOOD ASSISTANCE

Our food programs are often the first step into our doors and give people access to all our other assistance services. Designed to meet emergency needs, our food bank helps families and individuals access free and high quality food. We serve approximately 2,000 families in the Greater Montreal area per month. Eligibility for the program is assessed on the basis of an individual's income.

7,820 DIFFERENT
FAMILIES

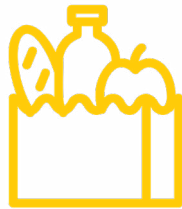
52% NEW
VISITORS



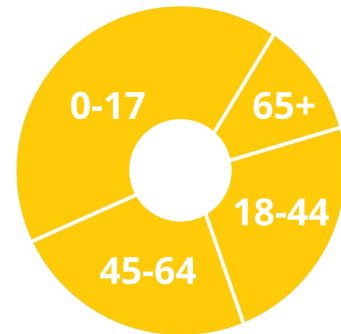
70,000
PEOPLE

16% WORK

22,800
INTERVENTIONS



AGE



4,000 lbs
VEGETABLES
HOME GROWN



5,000
CHRISTMAS BASKETS

\$261 FOOD BASKET
AVE. VALUE

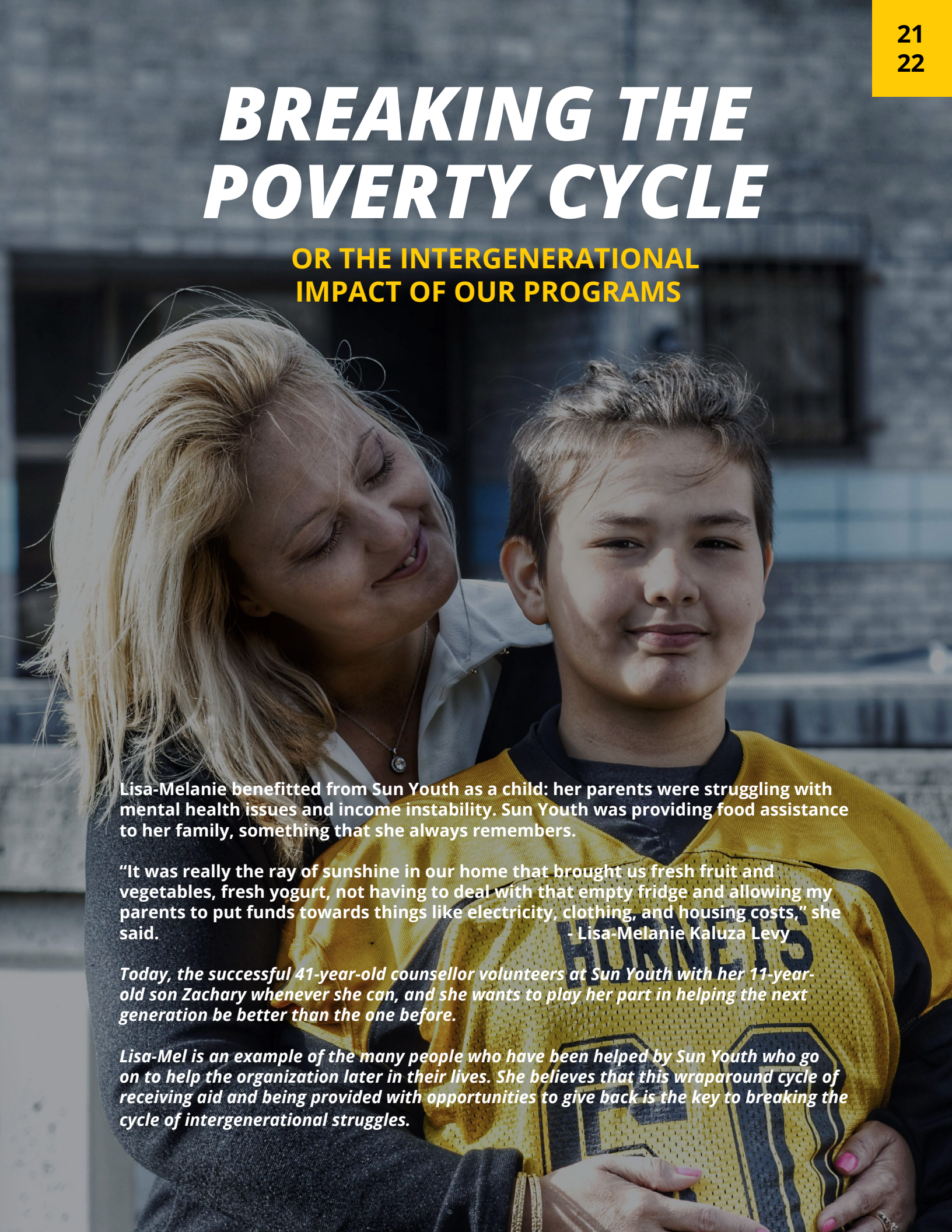


8,872
DELIVERIES

\$6,000,000 TOTAL VALUE OF
FOOD DISTRIBUTED

BREAKING THE POVERTY CYCLE

OR THE INTERGENERATIONAL IMPACT OF OUR PROGRAMS



Lisa-Melanie benefitted from Sun Youth as a child: her parents were struggling with mental health issues and income instability. Sun Youth was providing food assistance to her family, something that she always remembers.

"It was really the ray of sunshine in our home that brought us fresh fruit and vegetables, fresh yogurt, not having to deal with that empty fridge and allowing my parents to put funds towards things like electricity, clothing, and housing costs," she said.

- Lisa-Melanie Kaluza Levy

Today, the successful 41-year-old counsellor volunteers at Sun Youth with her 11-year-old son Zachary whenever she can, and she wants to play her part in helping the next generation be better than the one before.

Lisa-Mel is an example of the many people who have been helped by Sun Youth who go on to help the organization later in their lives. She believes that this wraparound cycle of receiving aid and being provided with opportunities to give back is the key to breaking the cycle of intergenerational struggles.

OTHER EMERGENCY PROGRAMS

REASONS FOR REQUESTING FOOD

1. INSUFFICIENT REVENUES (51%)
2. HOUSING CRISIS (16%)
3. RECENT JOB LOSS (13%)
4. ILLNESS/MEDICAL EXPENSES (4%)
5. ELECTRICITY/HEATING COSTS (4%)
6. DISASTER (5%)
7. OTHER (7%)

En 2021-2022, we spent 1,023 hours meeting with people living in difficulty.

ASSISTANCE TO CRIME VICTIMS

In 2021-2022, we assisted 157 people (90% of whom were women) referred by the SPVM and the CAVAC with assistance totalling \$21,638. The crimes for which the people were referred to us were 80% domestic violence, 15% pimping and 5% fraud cases.

CHILDREN HELP PROGRAM

We provide health, social services and school professionals quick and efficient support for their clients' emergency situations, through food, clothes, medication, and financial assistance. Families can meet their children's basic needs, while letting professionals concentrate on their interventions.

\$250,000 in assistance to 2,500 children:

- *Kindergarden kits*
- *School supplies*
- *New clothing*
- *Financial Assistance (rent, heating, gas, medication, grocery)*



All school bags were prepared by volunteers such as Alexandra Aubourg and son in the picture.



MEDICATION PROGRAM

The medication program is intended for low-income individuals covered by the Quebec Public Prescription Drug Insurance Plan. This service helps pay the bills for prescription medication and medical equipment not reimbursed by the Quebec Public Insurance Plan up to the maximum required monthly contribution. In 2021-2022, 519 people benefited from this program, for a total value of \$40,458.

A new recruit was added to our medication program partners. Aleck Brodeur, who played football for us, also interned with our organization during his university program. As a pharmacy owner, he is able to see how hard times are for low-income clients.

"Many patients can't afford certain medications whose prices are regulated by the RAMQ. No one should be in a position where they have to decide between eating or taking their medication, or even which medications to take and which to skip. Stopping treatment often results in trips to the hospital."

- Aleck Brodeur

EMERGENCY RELIEF

On call 24/7 to help victims of fires, flooding and evictions, our emergency teams were on scene for 151 interventions, assisting 869 individuals. The assistance provided to these families is valued at \$164,000.

The major event this year was the fire at Habitations Angers, a senior citizen housing complex. A major operation was set in motion to find housing for all these people. Unfortunately, the building was deemed unsafe and the victims could not recover any belongings. The municipal housing office contacted us to help purchase furniture and appliances for 17 households. The total cost of the donated equipment was \$20,993.72.



SPORTS & RECREATION

COVID affected our sports and recreation programs in 2021-2022. Activities resumed without spectators, in some cases. The requirement for the vaccination passport caused a drop in the participation rate in some teams. On the plus side, Covid allowed us to innovate and we set up a winter caravan which encouraged children to play outside.

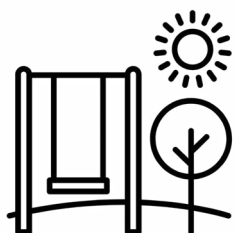
2,000
PARTICIPANTS



SEVEN
BASKETBALL
TEAMS



5 -17 YRS OLD



DAY
CAMP



FIVE
FOOTBALL
TEAMS

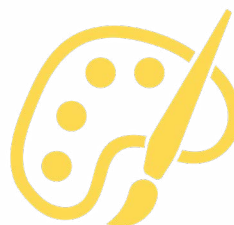
AFTER SCHOOL
ACTIVITIES



HOCKEY
DEVELOPMENT



WINTER
CARAVAN



ART
CLUB

80,000

HOURS OF PHYSICAL ACTIVITY
DONE BY OUR KIDS IN 2021-22

PREVENTION

REWARDS

A new partnership was made with the Stéphan Crétier Foundation's Bolo (Be on the lookout) program, which aims to find Canada's most wanted criminals. The first case in Québec was launched with the SQ to find Blake Charbonneau, wanted by the Quebec Integrated Pimping Squad on Canada-wide warrants for several charges, including pimping, aggravated sexual assault and sexual assault with a weapon.

CYCLING AT SUN YOUTH

- *Twelve patrollers in the Summer*
- *100 bikes given in the Spring*
- *30 bikes given at Christmas*
- *70 Cyclothon participants*

NEW BIKES DISTRIBUTION

Since 1984, we distribute new bicycles, helmets and locks to young people whose actions have had a positive influence in their community or who have shown exceptional courage in difficult situations, thanks to the financial support of businessman and great philanthropist Avrum (Avi) Morrow, who sadly passed away in January 2019.

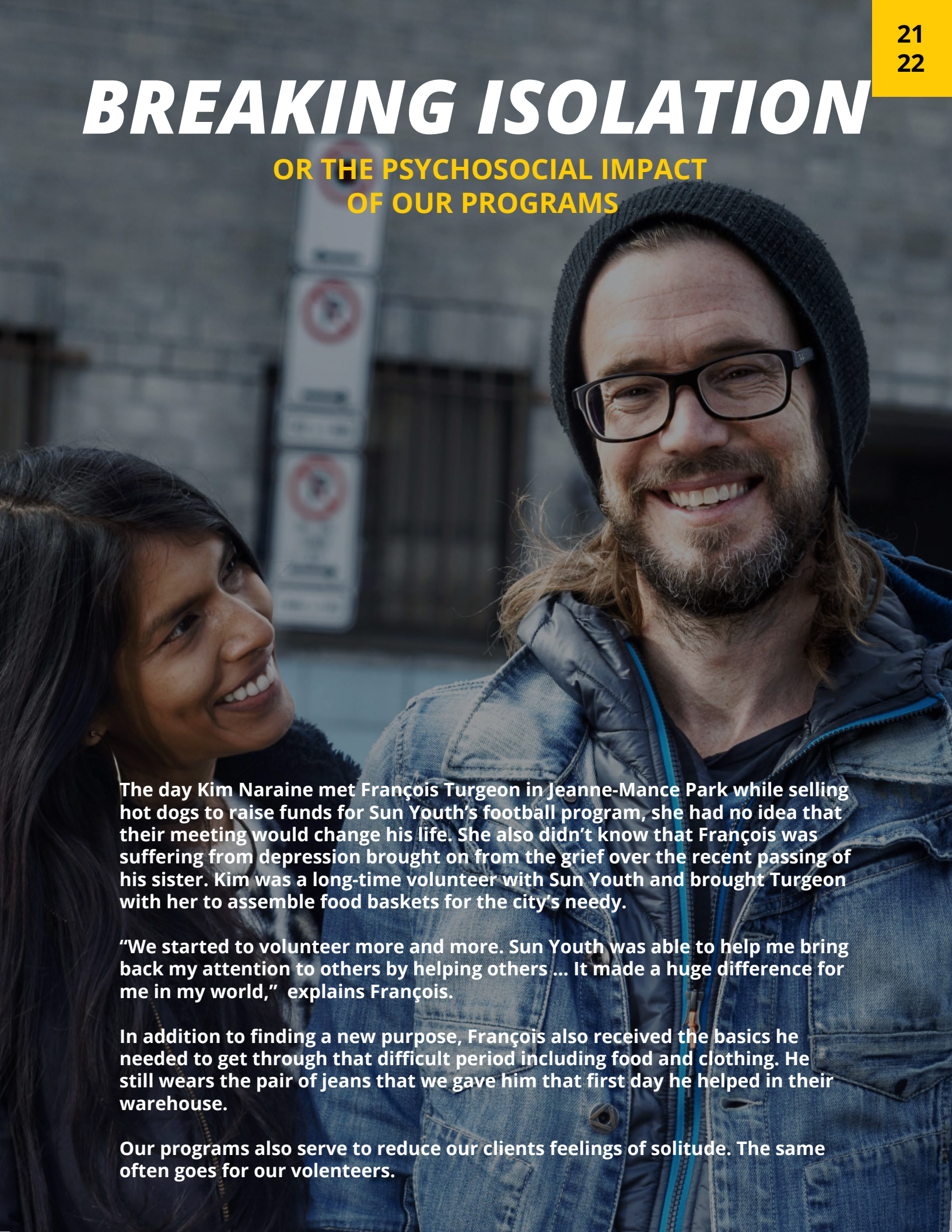
BIKE PATROL

Since 1984, every summer our Bike Patrol cycles through the streets of Montreal, working closely with seven Montreal Police Department (SPVM) neighbourhood stations. As usual, patrollers were able to assist people facing problematic situations and participate in hundreds of police operations to prevent theft and a pedestrian safety awareness campaign, among others.



BREAKING ISOLATION

OR THE PSYCHOSOCIAL IMPACT OF OUR PROGRAMS

A photograph of a man and a woman smiling and looking at each other. The man, on the right, has a beard, wears glasses, a dark beanie, and a blue denim jacket over a black puffer jacket. The woman, on the left, has long dark hair and is smiling. They are outdoors in front of a grey stone wall with some white signs.

The day Kim Naraine met François Turgeon in Jeanne-Mance Park while selling hot dogs to raise funds for Sun Youth's football program, she had no idea that their meeting would change his life. She also didn't know that François was suffering from depression brought on from the grief over the recent passing of his sister. Kim was a long-time volunteer with Sun Youth and brought Turgeon with her to assemble food baskets for the city's needy.

"We started to volunteer more and more. Sun Youth was able to help me bring back my attention to others by helping others ... It made a huge difference for me in my world," explains François.

In addition to finding a new purpose, François also received the basics he needed to get through that difficult period including food and clothing. He still wears the pair of jeans that we gave him that first day he helped in their warehouse.

Our programs also serve to reduce our clients feelings of solitude. The same often goes for our volunteers.

EDUCATION

At Sun Youth, academic success is as important as athletic success. Therefore, young people who want to be part of our sports teams must achieve good academic results. To do so, we work hand in hand with our partners.

TUTORING

In 2021-2022, approximately 50 youth were able to access free tutoring. A major donation from Hyundai Canada has allowed us to completely renew our computer equipment for this program.

SCHOLARSHIPS

Another partner in the academic success of our youth is ULTRA Forensic Technology. They provided scholarships to 20 youths who have excelled with the Sun Youth Hornets, completed their high school diploma, are enrolled in CEGEP and continue to excel in their sport.

SOCIAL MENTORING

A social mentor works hand-in-hand with the Bancroft school staff to foster positive relationships between students. The program helps counter bullying, strengthens social ties and develops team spirit.



ANDREW HENRY'S TESTIMONIAL

In this CBC News report, former CFL player Andrew Henry speaks about his youth. He immigrated to the country at age 14 with his single mother. They lived in a rough Montreal neighbourhood and he hung around with tough guys. "Boys were getting in trouble. Unfortunately, some got murdered, unfortunately some went to prison."

"Sun Youth showed me another pathway."

- Andrew Henry

With our help, Henry landed a full scholarship to Murray State University in Kentucky. He went on to an 8-year career in the CFL and is now a pastor in Pointe Claire as well as an administrator on the Lester B. Pearson School Board.



We have also seen an increase in the number of girls participating in our activities. A record number of girls joined our football program and were featured in a report by *Bien avec mon corps* entitled [Les filles jouent au football... pis c'est hot!](#)

SUN YOUTH IN THE COMMUNITY

Sun Youth is a founding member of

- the Regroupement des organismes humanitaires et communautaires pour les mesures d'urgence à Montréal (ROHCMUM),
- the Quebec Midget Football League (QMFL)

We are members of

- Moisson Montreal,
- Groupe de Réflexion et d'Action en Sécurité Alimentaire à Parc Extension (GRASAPE),
- Cultiver Montréal,
- the Comité permanent du service de référence aux familles sans logis de l'office municipal de l'habitation,
- the Comité de gestion de l'entente sur les services aux personnes sinistrées du Service d'incendie de Montréal,
- the Conseil Système Alimentaire Montréalais (CSAM),
- the Montreal Regional Football League (MRFL),
- the Quebec Bantam Football League (QBFL),
- the Montreal Basketball League (MBL).

We sit on :

- the follow-up committee of the 211 Greater Montreal project to counter food insecurity,
- the Bancroft Elementary School school board,
- the MIND Secondary School school board,
- the Montreal Highschool Adult Education Centre school board.

KUDOS TO OUR AMAZING VOLUNTEERS !

Volunteers are at the heart of Sun Youth's activities. In 2021-2022, we were unfortunately unable to accommodate as many of our valued volunteers as usual due to COVID.

However, 1,015 people assisted us during the year, completing 36,354 volunteer hours, which is equivalent to 20 full-time positions at 35 hours per week. During the holiday season alone, approximately 300 people, including public figures, and 614 businesses volunteered 1,842 hours, helping with fundraising, collecting and sorting food, delivering food baskets, and packing and distributing toys.

Thank you to all our volunteers for their exceptional dedication, especially under the circumstances!

In 2021-2022, **1,015 volunteers** gave a total of **36,354 hours of** work to Sun Youth.

FINANCE

Sun Youth is a registered charity incorporated under Part III of the Companies Act (Quebec). The independent accounting firm of Raymond Chabot Grant Thornton is appointed to perform the annual audit of Sun Youth's financial statements. Our Financial Statements are available upon request at finance@sunyouthorg.com.

REVENUES	2021-22	2020-21
Government grants	\$938,949	\$923,574
Donations	5,305,028	4,980,388
Emergency services	5,619,262	3,858,612
Fundraising events	250,243	450,339
Community services	52,192	19,879
Miscellaneous income	349,273	156,575
	12,512,947	10,389,367

EXPENSES	2021-22	2020-21
Emergency services	\$9,642,094	\$7,103,271
Fundraising events	73,061	79,194
Community services	594,600	337,348
Camp operations	127,737	132,981
Commercial activities	308,900	563,450
Administration	619,436	534,047
Interest expenses	148,368	237,358
	11,514,196	8,987,649

DONORS AND PARTNERS

Sun Youth is a registered charity and relies on the faithful co-operation of community and private foundations, municipalities, government agencies, and media partners. We wish to thank them all for their generous support.



*We particularly wish
to thank the City
of Montreal for its
invaluable assistance.*

OUR MAIN DONORS AND PARTNERS*

THE ESTATE OF FRANÇOIS ATTENDU
CN EMPL. & PENSIONNERS COMMUNITY FUND
THE JOHN R. MCCONNELL FOUNDATION
THE MONGEAU FAMILY FOUNDATION
THE MEDIA FOOD DRIVE
THE GUSTAV LEVINSCHI FOUNDATION
THE LINCOLNSHIRE FOUNDATION
NOVA STEEL
THE POMERANTZ FOUNDATION
THE CHARLOTTE AND LEO KARASSIK FOUNDATION
SOEURS FRANCISCAINES MISSIONAIRES DE L'IMMACULÉE-CONCEPTION
CLV GROUP
THE JEAN GAULIN FOUNDATION
THE LINCOLNSHIRE FOUNDATION
THE J.W. MCCONNELL FAMILY FOUNDATION
THE TENAQUIP FOUNDATION
HYUNDAI AUTO CANADA CORP.
THE ESTATE OF AVRUM MORROW
THE HAGEN FAMILY FOUNDATION
JAB TRUST
ALTRU FOUNDATION INC.
THE ESTATE OF GRANT MUNRO
TRANSCONTINENTAL INC.
THE ZELLER FAMILY FOUNDATION
SCOTIA BANK
THE JACQUES AND MICHEL AUGER FOUNDATION
HYDRO-QUÉBEC
TELUS
GEO. A. HALL INC.
THE GEORGE HOGG FAMILY FOUNDATION
REGULVAR INC.
THE ADAIR FAMILY FOUNDATION
CANADIAN TIRE JUMPSTART FOUNDATION
ULTRA ELECTRONICS, FORENSIC TECHNOLOGY INC.
THE BEUTEL GOODMAN FOUNDATION
THE DALFEN FAMILY FOUNDATION
THE LIBERMONT FOUNDATION
THE VERA AND MORTY GROSS FUND
THE TROTTIER FAMILY FOUNDATION
THE MACDONALD STEWART FOUNDATION
THE DAVID GOODMAN TRUST
THE WILLIAM AND NANCY TURNER FOUNDATION
THE VELAN FOUNDATION
THE R. HOWARD WEBSTER FOUNDATION
SOCIÉTÉ DE GESTION SOGEFOR
THE ROSSY FAMILY FOUNDATION

**The following institutions donated \$10,000 or more to Sun Youth in 2021-2022.*



SUN YOUTH

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